



กรมอนามัย
ศูนย์อนามัยที่ 5 ราชบุรี

Health Literacy among Leader of Elderly Social Club at Regional Health Promotion Center 5 Ratchaburi, Thailand



A·H·L·A
Asian Health Literacy Association



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BACKGROUND

Thailand has become Aging society since 2005, and aging population will be growing to Aged society in 2020. Health literacy was assigned to important indicator on health behavioral modification, but the information about the status of health literacy in regional public health area remain scarce.

OBJECTIVE

This study aimed to examine level of health literacy among Thai elders who work as leader in the elderly social clubs.

METHOD

This was a cross-sectional study. The survey was conducted with health literacy concept and measurement tool of The Health Education Division, Ministry of Public Health Thailand.

- Participants were 80 elders form 8 elderly social clubs in community who joined in a pilot project for planning and developing the elderly social club to health literate organization (HLO) at Regional Health Promotion Center 5 Ratchaburi.
- Data were collected on January 2019 and analyzed by descriptive statistics.
- Health literacy score were categorized into 3 levels included good, fair, and poor level.

RESULTS

Table 1: General Characteristics of participants (n=80)

	Number	Percent
Sex		
Male	18	22.5
Female	62	77.5
Age		
60 – 69 yrs.	38	47.5
70 – 79 yrs.	32	40
80+ yrs.	10	12.5
Education		
Primary	19	23.8
Secondary	31	38.7
Diploma	11	13.7
Bachelor degree & higher	19	23.8

Figure 1: Health status of participants

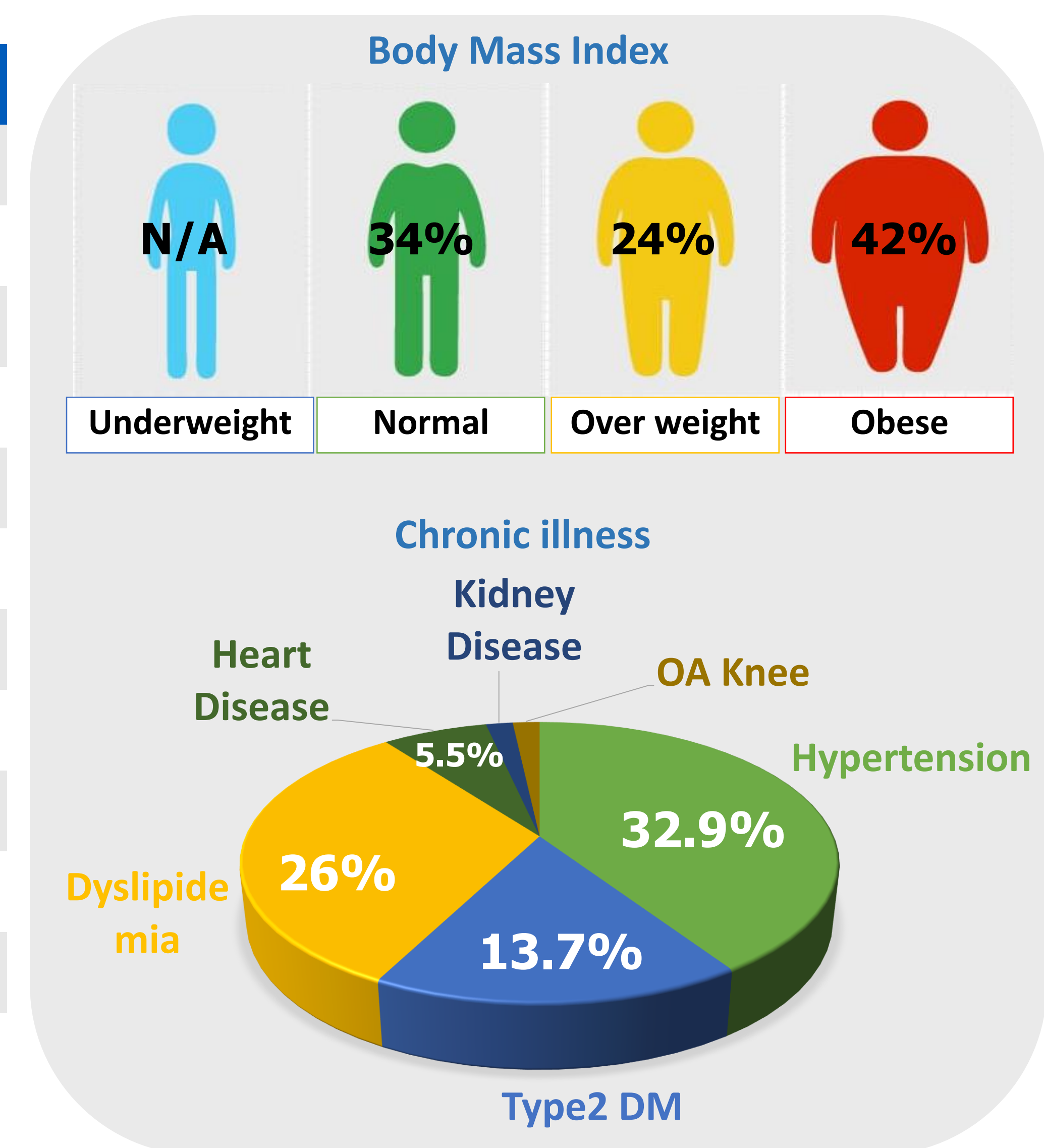
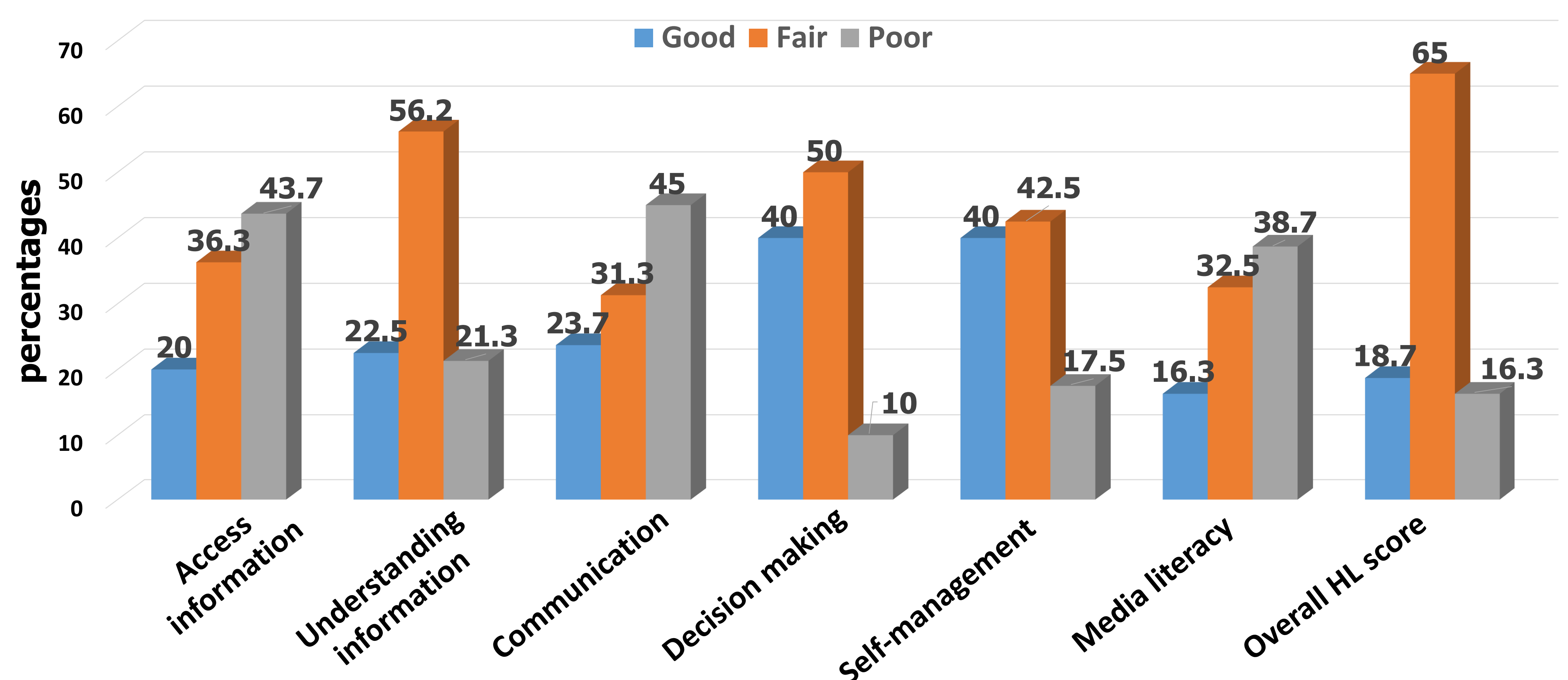


Figure 2: Health Literacy level of participants



CONCLUSION

This preliminary study was indicated to the interventions for improving on health literacy skills to the elderly social club such as access information skill, communication skill and media literacy. The most of leader members should be gained the overall health literacy score at good level because they are key persons who define on operational guidelines for their clubs to achieve the health literate organization.

RERERENCES

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